

Hudson County Community College
Department of Cultural Affairs
Proudly Presents

FREE Fall Family Days

SATURDAY, NOVEMBER 5

**12 noon to 2 p.m., Library Building,
71 Sip Avenue, Jersey City**

SATURDAY, NOVEMBER 12

**12 noon to 2 p.m., North Hudson Campus,
4800 Kennedy Blvd., Union City**



Join Hudson County Community College in an afternoon of yoga and art for children!

Students will learn the importance of space movement through a yoga class taught by Peaceful Frogs. After class, the group will watch a short film based on P.D. Eastman's *The Best Nest*. Finally, they will create an art project inspired by the clip and theme, "Home Is Where the Heart Is."

Class is designed for children ages 4-10 (**children must be accompanied by a parent**).

Space is limited; mats are available on a first come, first served basis. **Please bring your own mat if you have one.**

Benjamin J. Dineen III & Dennis C. Hull Gallery
71 Sip Avenue, Sixth Floor, Jersey City, NJ 07306
Fall Gallery Hours: Monday - Saturday, 11 a.m. to 5 p.m.
Tuesday, 11 a.m. to 8 p.m., Closed Sundays & Holidays

For event information email: gallery@hccc.edu

